



## **10th EACH EUROPEAN CONFERENCE IN DUBLIN** **June 16 – June 19, 2010**

### **Final Resolution**

In the best interests of the child EACH, the European Association for Children in Hospital, advocates:

Restraint\* should be avoided in medical procedures, unless there is no alternative in a life threatening situation.

According to the EACH Charter, all hospitals where children are treated should have appropriately trained staff and organisational frameworks to mitigate children's fear, pain and distress (article 7 of the EACH Charter and Annotations).

\*Other expressions used for restraint are:

- Forced immobilization of a child imposed by adults or by any mechanical means
- Clinical holding
- Therapeutic holding

Resolved on June 19, 2010 by the EACH General Assembly held in Dublin where members from the following countries were represented:

Austria, the Czech Republic, Croatia, Finland, France, Germany, Hungary, Ireland, The Netherlands, Portugal, Sweden, Switzerland, the United Kingdom and Japan.