

## **ABSTRACT**

### **Empowering Children and Families in Hospital**

If we are serious about empowering children and families in hospital we will need to listen carefully to what it is they need, taking seriously their views and involving them in ways that are safe, sound and effective. Services need to be shaped and responsive to children, young people and families, not designed around professional boundaries.

The principles outlined in the EACH Charter help us to focus on the needs of children, young people and their families in hospital. Putting these principles into practice enables professionals the opportunity to empower families in a very anxious and stressful situation. This requires those working in paediatric healthcare settings to investigate avenues through which this can be achieved.

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